

**DIRECTIONS:** Adults take one capsule once per week, preferably with food or as directed by your healthcare practitioner. Do not exceed unless instructed by your healthcare practitioner.

**Vitamin D3:** is a fat soluble vitamin that plays an essential role in the immune system and helps regulate the absorption and utilization of calcium and phosphorous in the body. Vitamin D3 is important for optimal bone, cardiovascular and neuromuscular health. Adequate calcium and vitamin D3 throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. **KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY COOL PLACE**



# Vitamin D3 50000 IU

STRONG HEALTHY BONES & TEETH

Promotes bone & teeth health

Maintain healthy blood Ca levels

Supports healthy immune function

Helps maintain & neuromuscular health

DIETARY SUPPLEMENT **30 Capsules**

## Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
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Vitamin D3 (as D3 Cholecalciferol)	50,000 IU 12,500%
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Other Ingredients: Gelatin (Pian source), Magnesium Stearate, Cellulose



Produced for:  
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