

**DIRECTIONS:** Adults take one capsule once per week, preferably with food or as directed by your healthcare practitioner. Do not exceed unless instructed by your healthcare practitioner.

**VITAMIN D3:** functions as a hormone, a chemical messenger with widespread effects in the human body. It is important for optimal bone, cardiovascular, neuromuscular, and immune health. Adequate calcium and vitamin D3 throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. **KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY COOL PLACE**



HUMAN  
essentials

# Vitamin D 50000 IU

Super Strength Vitamin

The Sunlight Vitamin

Promotes Bone Health

Immune Health

Support Cardiovascular And Neuromuscular Health

Dietary Supplement  
30 Capsules

## Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
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Vitamin D3 (as D3 Cholecalciferol)	50,000 IU 12,500%
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Other Ingredients: Gelatin (Pig source), Magnesium Stearate, Cellulose

MADE IN  
USA



Produced for:  
PCLQ Europe . Sweden  
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