

**Directions:** For Adults, take one capsule daily, preferably with a meal or as directed by your doctor.

Easy Iron is a necessary component of hemoglobin, the oxygen carrier in the blood, Easy Iron contains Iron Bis-Glycinate, a well-tolerated form of Iron that is gentle to your system.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. **KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY COOL PLACE**



Produced for:  
PCLQ Europe-Sweden  
info@pclq-europe.com



HUMAN  
essentials

# Easy Iron

Promotes Red Blood Cell Production



Dietary Supplement  
100 Capsules

## Supplement Facts

Serving Size : 1 Capsule

Servings Per Container: 100

Amount Per Serving	DV%	
Iron Glycinate	28 mg	156%
Vitamin C	60 mg	100%
Vitamin B12	8 mcg	133%
Folic Acid	400 mcg	100%

\*\*Daily Value not established

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Magnesium Stearate.